



*Proclamation*  
*Presented to*  
**Kuakini Honolulu Heart Program**

**WHEREAS**, the Kuakini Honolulu Heart Program, with funding from the National Institutes of Health, started in 1965 to study the incidence of coronary heart disease and stroke among 8,006 local men of Japanese ancestry who were born between 1900 and 1919; and

**WHEREAS**, the collected research data has helped in the development of “smoke-free” programs for primary and secondary schools, the development of rehabilitation programs for heart attack victims as well as the development of a health program for patients with heart disease; and

**WHEREAS**, research findings also include the discovery of the existence of “good” cholesterol, a link between the FOXO3 gene, longevity and better health and a link between height and longevity; and

**WHEREAS**, over the years, many related studies have grown out of the Kuakini Honolulu Heart Program such as Kuakini Honolulu-Asia Aging Study, Kuakini Honolulu Heart Program Study of Atherosclerosis Risk, Kuakini Family Blood Pressure Program and the current Kuakini Hawai'i Lifespan and Healthspan Studies; and

**WHEREAS**, one of the important offshoots is the Kuakini Honolulu Heart Program Offspring Study, which aims to continue the research on the health conditions, genetics and lifestyles of the sons and daughters of the original HHP participants; and

**WHEREAS**, since 1965, more than 500 scientific publications have been produced from the Kuakini Honolulu Heart Program and its offshoot research programs and projects, which have received national and international recognition; and

**WHEREAS**, the Kuakini Honolulu Heart Program continues its extensive research in the areas of cardiovascular disease, brain aging, cancer and clinical trials for oncology and geriatric patients; and

**WHEREAS**, the Kuakini Honolulu Heart Program is now one of the longest follow-up researches in the world that maintains a comprehensive, longitudinal database of demographic, lifestyle and medical information on the research participants as well as specimens collected from the participants;

**THEREFORE I, DAVID Y. IGE, Governor, and I, SHAN S. TSUTSUI, Lieutenant Governor of the State of Hawai'i, do hereby proclaim October 3, 2015 as**

**“THE 50<sup>TH</sup> ANNIVERSARY OF  
THE KUAKINI HONOLULU HEART PROGRAM”**

in Hawai'i and encourage the citizens of the Aloha State to join us in recognizing the Kuakini Honolulu Heart Program as their findings continue to benefit research participants and their families, enhance the quality of Kuakini Health System's health care services and community service efforts and contribute to the National Institutes of Health's promotion of human health.

**DONE** at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, on this second day of October 2015.

DAVID Y. IGE  
Governor, State of Hawai'i

SHAN S. TSUTSUI  
Lt. Governor, State of Hawai'i