



Proclamation

Presented to the

Hawai'i Family Caregiver Coalition

WHEREAS, whether caring for a senior with Alzheimer's disease, a disabled adult or a child with special needs, over 90 million Americans today are family caregivers for their loved ones and a large number are finding themselves providing care 24 hours a day/7 days a week; and

WHEREAS, although caregiving can be a rewarding experience, it is not without its consequences such as stress, poor health, and caregiver burnout; and

WHEREAS, six out of ten family caregivers juggle everyday life tasks such as preparing children for school, managing household responsibilities, and working full- or part-time jobs in addition to the added responsibility of managing medications and caring for their loved one; and

WHEREAS, caregiving affects the entire family so it is important to ensure that the caregiver and family members get the proper nutrition important for maintaining strength, energy, stamina, and a positive attitude; and

WHEREAS, vital to being a good caregiver over the long-term is making time for one's self and family to reenergize, and taking a break protects a caregiver's own health, strengthens family relationships, prevents burnout and may enable a family care recipient to stay at home up to three times longer; and

WHEREAS, as the responsibility of family caregivers in our country grows each year, it is even more essential to encourage these heroes to take some time for respite so they may continue their mission of providing the loving care that only they can provide; and

WHEREAS, every year, November is designated as National Family Caregiver Month and this year's theme is "Caregiving Around the Clock";

THEREFORE I, DAVID Y. IGE, Governor, and I, SHAN S. TSUTSUI, Lieutenant Governor of the State of Hawai'i, do hereby proclaim November 2017 as

"FAMILY CAREGIVER MONTH"

in Hawai'i and urge the people of the Aloha State to recognize and support the family caregivers in our community who work every day of the year to care for their loved ones and who play a critical role in meeting the needs of our kupuna and relatives with chronic conditions or disabilities.

DONE at the State Capitol, in Executive Chambers, Honolulu, State of Hawai'i, this eighth day of November 2017.

DAVID Y. IGE
Governor, State of Hawai'i

SHAN S. TSUTSUI
Lt. Governor, State of Hawai'i